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Chris Comish's blog

Chris Comish is a Reiki Master and here to lift others up in Love and Light.

Saturday, November 8, 2025

Embody 6th Density Service

This teaching is a powerful way to Embody Sixth Density Service on Earth.

So How to Embody 6th density Service in Earth Life?

1. Remember the Core of 6th Density

6th density is the realm of unity, where love (4th density) and wisdom (5th density) are fully balanced. The goal isn't to escape the human experience but to infuse it with the understanding that all is one.

So, your starting principle is:

"Every person, event, and challenge is another self, another face of the One Infinite Creator."

2. Serve Through Presence, Not Agenda

Service in 6th density is not about "helping" others from a place of superiority. It's about radiating alignment and responding intuitively to what the moment calls for.

* Practice deep listening.

* Offer help only when it honors both your free will and others.

* Remember: sometimes, holding space or saying no can be a higher form of service than rescuing.

3. Balance Compassion and Wisdom

This is the hallmark of 6th density: the *fusion* of heart and discernment.

* Compassion without wisdom → martyrdom, burnout.

* Wisdom without compassion → detachment, coldness.

* Integration → clear love; loving clarity.

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Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa Social Network. Subscribe to his YouTube channel at Onenessandlove. Chris Comish is a Reiki Master and here to lift others up in Love and Light. Since his awakening in 2006, his wish is to share with the world to help it awaken. Chris is the founder of the City of Shamballa social network. Subscribe to his YouTube channel at Onenessandlove. Author of 28 Powerful Reiki Attunements, Book of Healing, Book of Wisdom, and multiple energy attunements and healing books.

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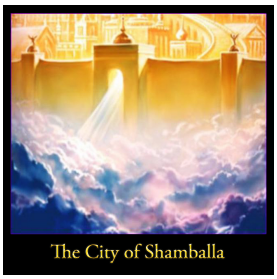

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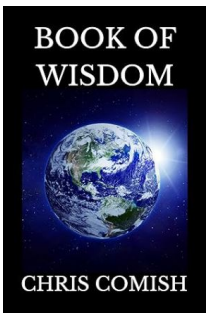

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Ask often:

“Is my action rooted in both love and clear seeing?”

4. Live in Continuous Self-Reflection

Self-awareness is key. You recognize every trigger, every resistance, every joy as feedback from your own higher self.

* Meditate or journal daily to align with your “witness” consciousness.

* Observe without judgment.

* Let go of identification with temporary emotions—they are signals, not identity.

5. See the Sacred in the Mundane

6th density service doesn’t mean being “out there” or overtly spiritual. It’s about seeing divinity in everything—the dishes, traffic, coworkers, and chaos.

Each moment is an opportunity to express unity consciousness:

“This, too, is the Creator exploring itself.”

6. Radiate, Don’t Convince

You don’t need to convert or preach. Just be what you’ve realized. 6th density beings serve by vibration, not persuasion.

Your presence alone shifts the field around you.

7. Stay Humble, Stay Human

Even while you integrate higher-density awareness, honor your human experience. Eat, laugh, grieve, rest, connect.

Your embodiment as a human is the vehicle for higher service.

Hope you were empowered by this teaching on How to Embody Sixth Density Service on Earth.

Together by embodying these principles we can uplift Humanity and the Earth.

God bless all beings.

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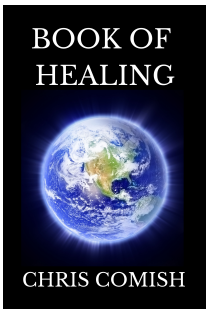

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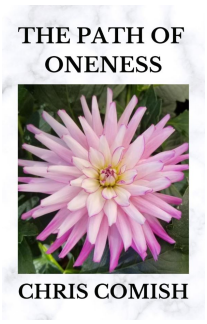

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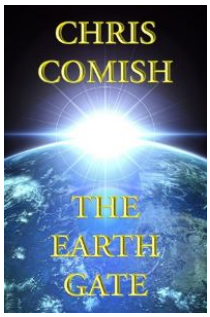

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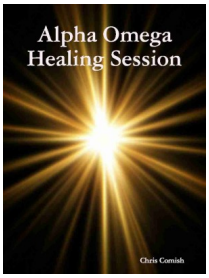

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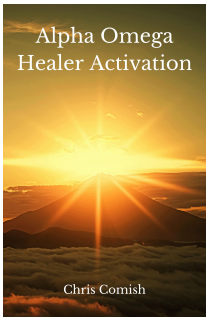

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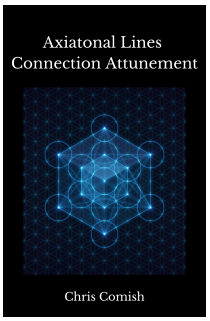

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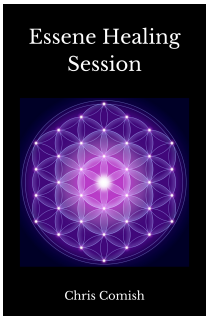

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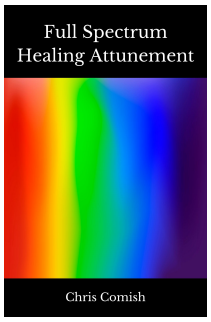

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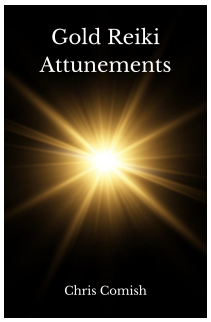

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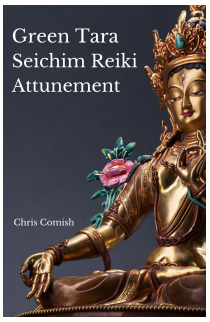

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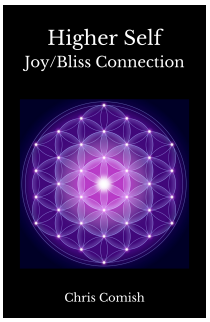

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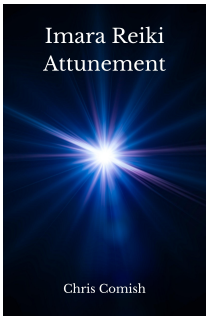

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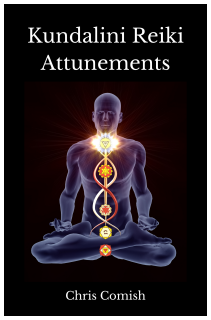

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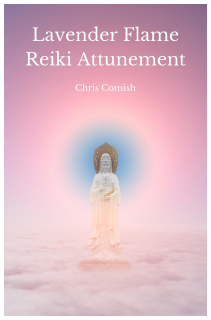

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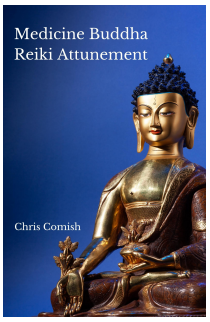

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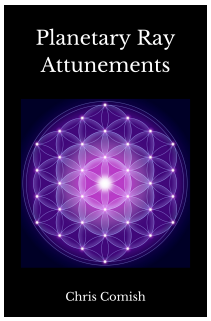

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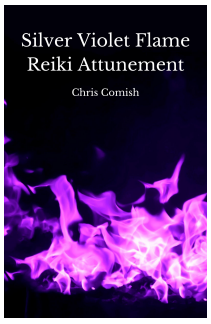

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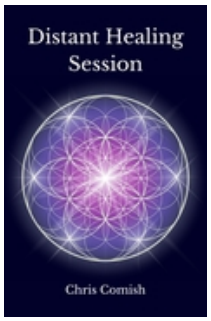

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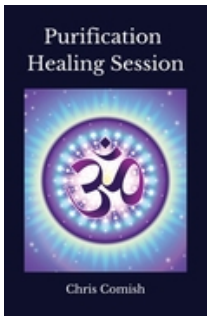

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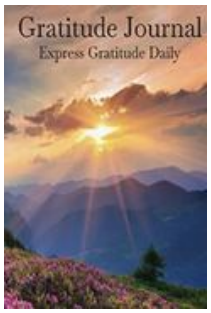

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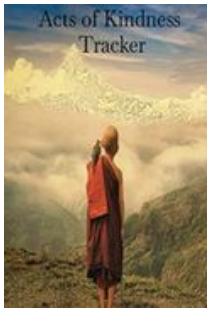

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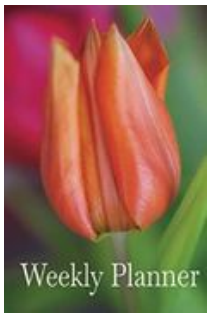

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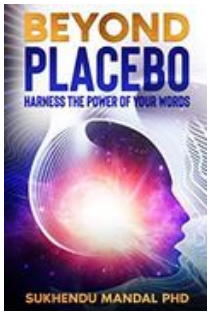

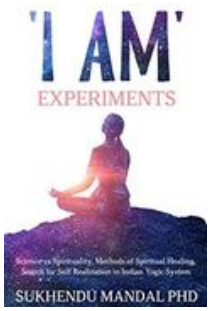

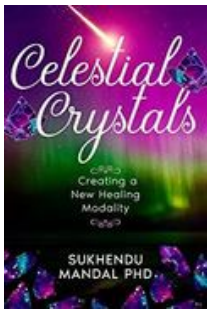

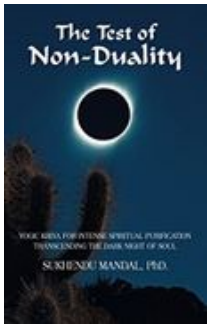

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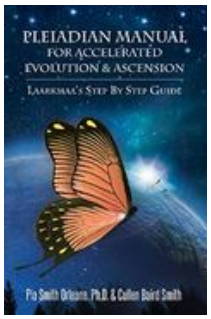

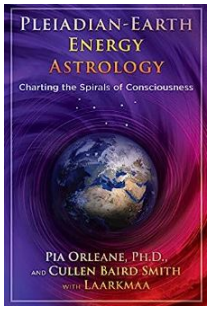
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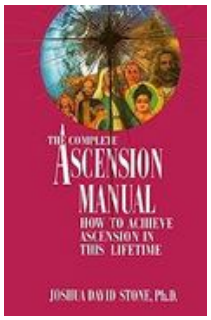
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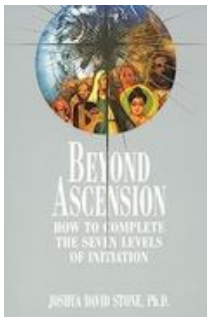
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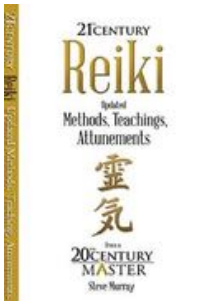
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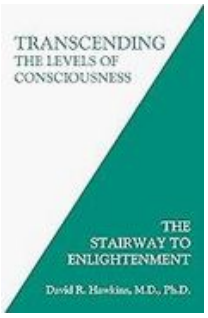
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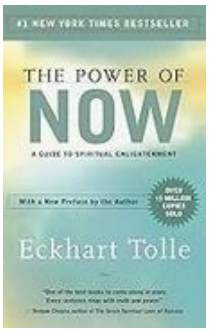
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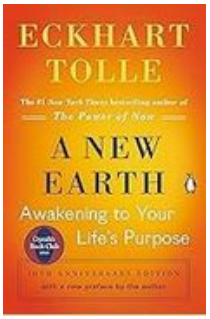
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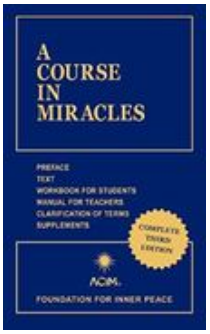
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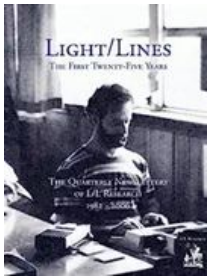
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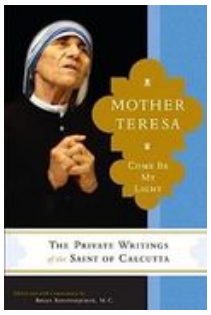
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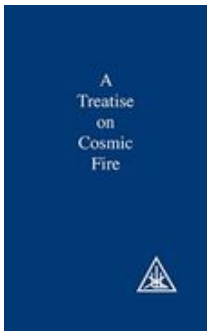
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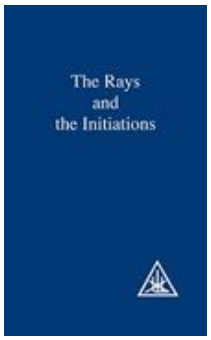
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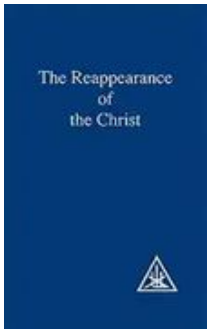
The Reappearance
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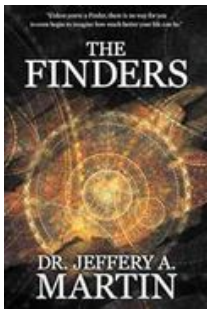
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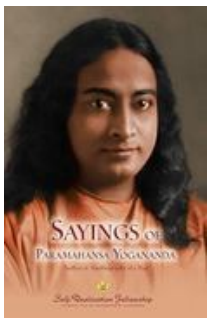
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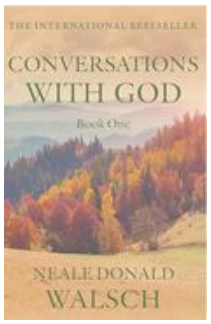
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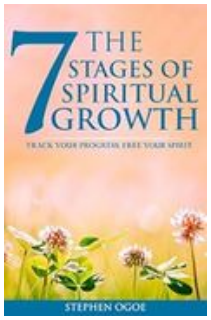
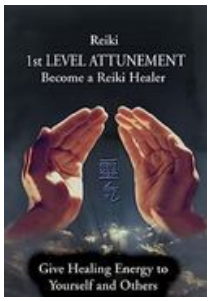
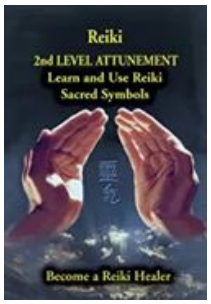
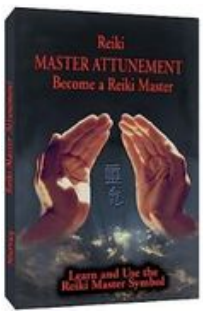
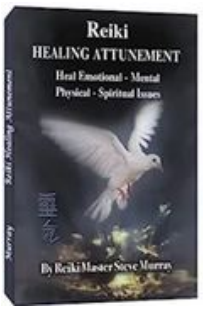


Recommended DVDs (These started Chris Comish's Reiki journey in 2006)









Forum - The City of Shamballa Social Network

- The Real Meaning Of Christmas - The Song Of Light Returning
- Solstice Transmission with Anrita Melchizedek
- Do Not Waste This Opportunity
- Meditation And The Inner Celebration of Christmas By Yogananda & The Self-Ralization Fellowship
- ✨NEW MOON ACTIVATION✨ Energy Detox & Supercharged Manifesting Power |Guided Meditation

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Unity Statements

Faith/Will

God is within

11-26-25 STO Journal

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Equanimity

Karmic loops

Love in each moment

Dream

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